HOW TO LOAD A MOVING TRUCK

To ensure a safer, easier, and quicker move, load your heaviest possessions in an “I formation.”

Use tie-downs to help prevent your heaviest items from shifting. It’s also important to evenly balance the weight of your items on the truck bed.

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VALUABLES/PAPERS
It’s a good idea to keep small, valuable items with you in the cab, along with anything else you might need to quickly grab during your move.

HEAVY OBJECTS
Starting with the top of the “I formation,” place the heaviest objects — like your refrigerator and washer — in the front of the box truck.

DESKS/HEAVY OBJECTS
Desks and dining room tables can go in the middle with heavy boxes underneath if there is enough clearance.

MATTRESS/BOX SPRING
Place mattresses, box springs, and other large cushions along the left side of the box truck.

SOFA/COUCHES
Sofas and couches can go on the right side of the truck, opposite your mattress and box spring.

HEAVY BOXES
Place additional heavy boxes in the center of the back of the truck in order to complete the “I formation.”

SMALL BOXES/MISC.
Lastly, you can place your smaller boxes and miscellaneous items behind and around your heavy boxes once you’ve completed the “I formation.”